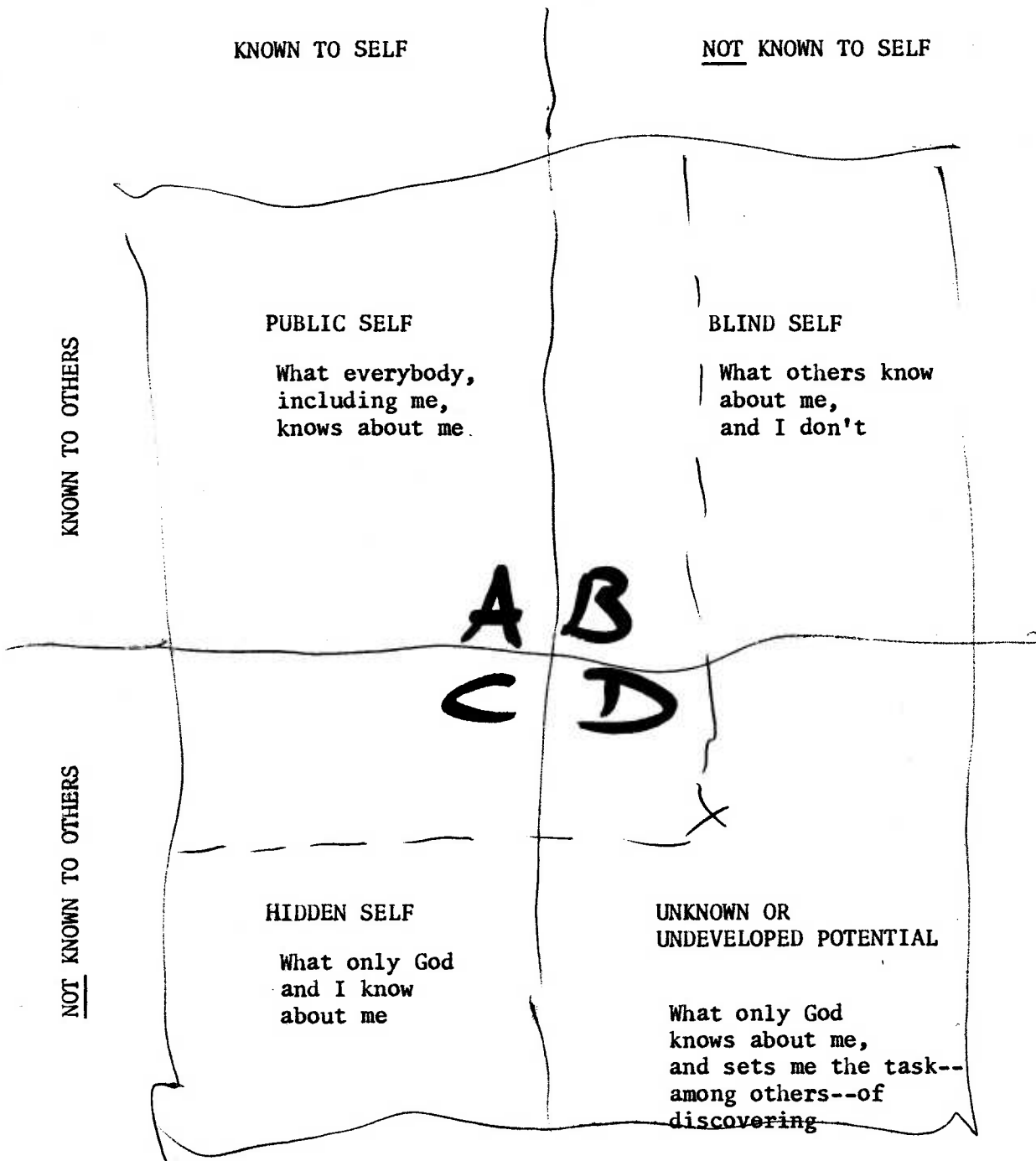


Three trips Socrates, inquiring for guidance from Phoebus Apollo through the Pythian Oracle, made to the Delphi temple on which--he comments--he saw written "GNOTHI SEAUTON" ["Know Yourself"]....John and Harry [thus, "Johari"] made the now famous grid to present the basic four dimensions vis-a-vis self-knowledge. On this thinksheet, I've just added words to clarify the meaning--and have left plenty of space for you to write your reflections.



This, cognitive, is only one dimension of growing. In a real group you can expand your known-and-involved self on both its "blind" and its "hidden" sides: you can expand, by grace of God-in-group, your potential for making a difference to yourself and others, through enlarging self-awareness.