

# ATTENDS SCHOOL IN ENGLAND

MISS MACAULAY IN SCANDINAVIAN SCHOOL

FROM 16 COUNTRIES

Many Outstanding Leaders In Phys. Edu. From Other Countries Were Teachers.

Minnie Maud Macaulay, director of Physical Education for Women, went to New York City for a conference on Physical Education at Columbia, then sailed on the French Liner Ile de France, for England to attend the English-Scandinavian school of Physical Education held at Sturry, Kent, England.

The founder and principal of the English branch of the school is Miss Gladys Wright, specialist in gymnastics and swimming, a student under Froke Elli Bjorksten at the University of Helsingfors, Finland. She holds advanced honors and diplomas from Finland, Denmark, Norway and Sweden. She has been most successful in bringing to England for the session an outstanding group of leaders from these countries. Among the 1935 staff were Miss Stina Kreuger of the Royal Gymnastic Central Institute, Stockholm; member of N. F. K. gymnastic courses held in Norway and Denmark, specialist in Gymnastics and lecturer in theory of movement.

Miss Elsa Nordquist, teacher of Scandinavian folk dancing and children's gymnastics also of Denmark and Sweden and member of the staff at Silkeborg, Denmark.

Froken Astrid Schnitt, University of Helsingfors, Finland, member of the team touring England and demonstrating Bjorksten's gymnastics at the Gymnastic Congress in Brussels in 1935. Her lectures were given in Finnish and Swedish and translated for us.

Jeanie Parker, honors diploma, and of the British Empire Olympic team, teacher of swimming, diving and Greek dancing.

Elleen Arnold, A. S. A. International Hockey and "A" umpire, lecturer of games and sports.

Astrid Anderson, secretary of the N. F. K., Sweden, specialist in athletics, track and skiing.

There were sixteen staff members and all hold honor diplomas.

The course was open to women of all countries, the object to give an all round, sound and inspiring, refreshing study in physical Education and teach the theory according to Elli Bjorksten as well as to create fellowship among nations. The countries represented were: Finland, Sweden, Denmark, Holland, France, Switzerland, Spain, Palestine, India, China, Bermuda, Canada, America, Ireland, Scotland, and England.

Elli Bjorksten is a woman pioneer, a distinguished Scandinavian Physical Education leader in her leadership in the Physical Education field. It is over one hundred years since Pehr Henrik Ling succeeded in awakening interest in the practice, study and teaching of Swedish gymnastics. It has been left to a woman, a native of Finland to write the second act of that work and apply it definitely to women. When she demonstrated with her students from Helsingfors University at the Olympic games, her fame outstripped the bounds of those countries. She has been given the honorary title of Ling Act 2. In 1927 she was decorated by the King of Denmark, and in 1930 by the King of Sweden in recognition of her great work.

The Ling and Bukh (Danish) systems for men have not met the mode of living nor produced movements for women with the power of rhythm in the movement, so today's program tries for lightness, freedom and beauty to balance the women's sports programs.

Miss Macaulay followed theoretical and practical work in these courses: Educational gymnastics, the Bjorksten Modern Methods; Theory of Educational Gymnastics; Scandinavian folk dancing; English country folk dancing; Greek dancing; Field Hockey, Cricket, Stool Ball; Danish Long Ball; Organized games, track, swimming and diving; Music appreciation; Rhythm (as a ground factor in life); Observation class of demonstration program given by Finnish gymnastic team; and, Observation class presenting secondary school girls of England.

The school was held on the grounds of the Junior Boys College at Milner Court, Sturry, two miles from Canterbury. This was the estate of Viscount Milnew. Historical bits on the grounds are the Elizabethan House where the head master and his family live; the Tudor gate; the Oust House with its famous room where the first volume of the encyclopedia Britannica was compiled; the Tithing barn where each farmer at one time brought his tithe of grain. The cornerstone in the dormitory was laid by Rudyard Kipling. The grounds are beautiful with turf fields for every sport, hedges, rose gardens, orchards. The River Stour is at the west of the estate and here love-

(Continued on Page Three)

# ATTENDS SCHOOL IN ENGLAND

(Continued from Page One)

ly white swans float by looking for bread crumbs at tea time. Two old mills stand by the river, and boating is often a past-time there.

As was an old English custom five meals were served each day. At eleven there was a raisin bun and milk, at four all met in the garden for tea. Coffee was served on the lawn by the rose arbor after supper.

The days schedule started with flag raising. Miss Macaulay was honored by raising the stars and stripes at the official opening and later saw it in the movies.

After breakfast came morning songs, national anthems, folk songs, hymns, then followed the schedule of day's classes.

The gymnasium had huge jars of flowers on the end platform, a grand piano, and an excellent floor. Gym sandals were never worn anyplace but in the gym. Everyone prided themselves on the care of the gym floor and the Scandinavian people were especially thoughtful in the care of the apparatus.

Blue tunics and sandals were worn for gymnastic work and white sports outfits for the game fields.

"Courtesies extended to the overseas representatives were continuous and the friendship shown among all countries made the school a delight and we forgot about sore muscles and that extra period in the gym after supper."

Some interesting incidents of the trip were the visit with relatives in Edinburgh, Scotland; London and its many places to visit; the city of Canterbury Cathedral with the Archbishop of Canterbury present; Fordwich, one of the Cinque Ports, famous for its oldest and smallest town hall with the ducking stool; Navy week at Chatham where the Home Fleet presented a program of Naval Activity and the exhibition of what is learned; underwater on a submarine named Otway, and later having tea on ship deck while an aircraft battle was being staged over head; Cambridge University with its many quads, churches and fields; England, so beautiful with continued sunshine—even in London; and the return trip on the Ile de France with so many celebrities.