

No matter how much you know of Berne's T(ransactional) A(nalysis) and it's popularization in Harris and others, you can work the following on the basis of your own experience.

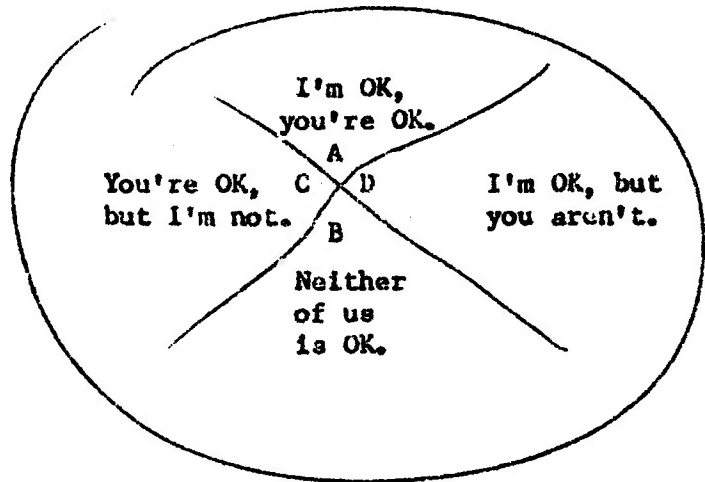
1. In general, characterize the four positions on the diagram: what's the outlook and life-style of a person who is

A?

B?

C?

D?



2. Sketch, for each posture, one confirming event in your own life-story.

A:

B:

C:

D:

3. Arrange A, B, C, D in the order which to you seems the "normal" order of the human life-stages:

4. Does the order you chose in #3 correspond to your perception of your own life-story? If not, rearrange here, and explain:

5. Negative comments on the TA model:

—anything here that shouldn't be?

—anything not here that should be?

6. Positive comments: