

SEPARATION AND LOSS.....Elliott #1017

This is a FILE/RETRIEVAL suggestion for study and future use in this area of [course subtitle] "Creative Facing of Failure, Betrayal, and Grief." Develop on one sheet your basic categories, leaving room for synonyms. Then refine into categories you believe will be most useful to you, and print large, one sheet to each category, on the bottom right of the sheets, the categories. Bind the sheets (spring binder, or any similar method; or punch) at the top. Use front & back of the category sheets to make notes, jottings, references, and developments of each category. IMPORTANT: One sheet for each category, (1) to give plenty of space, and (2) to provide flexibility: later, you may wish to file the sheets in an alphabetic subject file, distributing them over their own subjects rather than retaining them all under "Separation and Loss."

To get you started, here's the category pad I developed for the course:

ABSENCE/PRESENCE

BETRAYAL (and ANGER and HATE)

DISAPPOINTMENT, DESPAIR, DEPRESSION

DIVORCE

DYING, DEATH, SUICIDE

FAILURE

GRIEF, MOURNING, BEREAVEMENT

GUILT, POLLUTION

LONELINESS

LONGING

LOSS, EMPTINESS, DEPRIVATION, "LOSE ONE'S LIFE," "WIDOW AND ORPHAN"

SEPARATION

SHAME