

EVALUATION: MIDCAREER: "Group Life Inventory".....1. I would rate this session excellent, good, fair, poor.
 (Answer the rest on back, please.) 2. The most helpful things were.....3. The least helpful things were.....
 4. It would have been more helpful if.....5. On the basis of what happened, I now plan to.....

Check the number on the rating scale that corresponds to your evaluation of the group in each of the following categories. For example, if you feel that responsible participation was lacking, check 1; if you feel that responsible participation was present, check 7; if you feel that the responsible participation of the group was somewhere in between, check an appropriate number on the scale.

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| A. RESPONSIBLE PARTICIPATION was lacking. We served our own needs. We watched from outside the group. We were "grinding our own axes." | 1 2 3 4 5 6 7 | A. RESPONSIBLE PARTICIPATION was present. We were sensitive to the needs of our group. Everyone was "on the inside" participating. |
| B. LEADERSHIP was dominated by one or more persons. | 1 2 3 4 5 6 7 | B. LEADERSHIP was shared among the members according to their abilities and insights. |
| C. COMMUNICATION OF IDEAS was poor, we did not listen. We did not understand. Ideas were ignored. | 1 2 3 4 5 6 7 | C. COMMUNICATION OF IDEAS was good. We listened and understood one another's ideas. Ideas were vigorously presented & acknowledged. |
| D. COMMUNICATION OF FEELINGS was poor. We did not listen and did not understand feelings. No one cared about feelings. | 1 2 3 4 5 6 7 | D. COMMUNICATION OF FEELINGS was good. We listened and understood and recognized feelings. Feelings were shared and accepted. |
| E. AUTHENTICITY was missing. We were wearing masks. We were being phony & acting parts. We were hiding our real selves. | 1 2 3 4 5 6 7 | E. AUTHENTICITY was present. We were revealing our honest selves. We were engaged in authentic self-revelation. |
| F. ACCEPTANCE OF PERSONS was missing. Persons were rejected, ignored, or criticized. | 1 2 3 4 5 6 7 | F. ACCEPTANCE OF PERSONS was an active part of our give-and-take. We "received one another in Christ," recognizing & respecting the uniqueness of each person. |
| G. FREEDOM OF PERSONS was stifled. Conformity was explicitly or implicitly fostered. Persons were not free to express their individuality. They were manipulated. | 1 2 3 4 5 6 7 | G. FREEDOM OF PERSONS was enhanced and encouraged. The creativity and individuality of persons was respected. |
| H. CLIMATE OF RELATIONSHIP was one of hostility or suspicion or politeness or fear or anxiety or superficiality. | 1 2 3 4 5 6 7 | H. CLIMATE OF RELATIONSHIP was one of mutual trust in which evidence of love for one another was apparent. The atmosphere was friendly and relaxed. |
| I. PRODUCTIVITY was low. We were proud, fat, & happy, just coasting along. Our meeting was irrelevant; there was no apparent agreement. | 1 2 3 4 5 6 7 | I. PRODUCTIVITY was high. We were digging hard & were earnestly at work on a task. We created and achieved something. |